

Volunteer Role Description

Solace Women’s Aid supports women and children in London to build safe lives and strong futures, free from domestic and sexual violence and abuse.

Role Title	Volunteer CYP Therapist
Service	Waltham Forest Therapeutic Market Place
Work Place Supervisor	Louise Strange
Location	Waltham Forest/Remote
Commitment	4 clinical hours + admin time / week
Duration	1 year minimum
Role Description	<p>An exciting opportunity has arisen in our Counselling Service for a Volunteer Children & Young People’s Therapist.</p> <p>The ideal candidate will be a fully qualified dynamic CYP Therapist who has 150 clinical hours, ideally with prior experience in providing direct and dedicated therapeutic support to children and young people who have been a victim of VAWG.</p> <p>We are looking for a reliable and empathic Volunteer CYP Therapist to provide therapeutic, trauma-informed counselling to children and young people (CYP) residing in Waltham Forest, who have witnessed or experienced trauma or abuse.</p> <p>You will provide a safe and secure space and develop trusting relationships with children and young people to support them to process difficult early experiences and decrease the negative impact that these experiences have had on their lives. You will work creatively using different therapeutic tools, and develop relationships with parents and carers and other professionals when necessary.</p> <ul style="list-style-type: none"> • Deliver safe, short to medium term trauma-informed therapeutic support to CYP who are impacted by trauma due to domestic abuse that they experienced. • Maintain electronic case files and records according to Solace requirements. • Promote an integrated working multi-agency approach with Adult and Childrens Service and other external stakeholders as necessary. • Attend clinical supervision in line with the requirements of your accredited body. • Ensure consistent excellence in service provision and adhere to your accrediting organisation’s code of ethics.

	<ul style="list-style-type: none"> • To support the child or young person to develop positive relationships, social skills and healthy behaviour • To promote social inclusion, encourage independence and develop personal resilience of parent/carer affected by violence and with multiple needs • To work in collaboration with relevant professionals and organisations.
<p>Benefits to the volunteer</p>	<p>As part of this role, you will have the opportunity to</p> <ul style="list-style-type: none"> - Gain experience and understanding of Violence against Women and Girls. - Enabling service users to access valuable support that assists in their journey towards safe, independent lives, free from abuse. - Contribute and support a busy and diverse team. - Play a pivotal role in delivering services. - Hands on experience in a dynamic charity working in the Violence against Women and Girls (VAWG) Sector. - Work as part of a feminist organisation
<p>Skills and Qualifications Required</p>	<ul style="list-style-type: none"> - A qualified counsellor, with specialist knowledge and experience of working with children and young people e.g., a Play Therapist, Art Therapist or Drama Therapist. - Registered with the relevant accrediting body e.g., the British Association of Art Therapists; British Association of Drama Therapists; BACP; UKCP; HCPC or equivalent. - Demonstrable experience of providing therapeutic support to children and young people of various ages. - Ability to provide appropriate therapeutic interventions within time limits. - Sound understanding of gender-based violence, with focus on domestic and sexual abuse and its effect on CYP, including the effects of intersectional features and barriers. - Ability to prioritise own work plan and work to deadlines. - Excellent interpersonal and communication skills - Good administrative and computer skills including proficient use of Zoom/Microsoft Teams, Microsoft packages and Outlook - Good listening skills and an empathic, non-judgemental approach.
<p>Training Opportunities</p>	<p>Volunteers will be able to access Solace Women's Aid's induction and internal volunteer training programme. Full support will be given to help volunteers understand and carry out any aspect of the role as appropriate.</p>

Expenses	As per our Volunteer Policy we will reimburse reasonable travel and lunch expenses. Travel expenses will be reimbursed at a maximum of £20 a day travel card. Agreed lunch expenses up to a maximum of £5.00 for those volunteering for over 6 hours in a single day.
Lived Experience	Solace recognises the expertise and perspective that women with lived experience bring to their volunteering roles. We also recognise the potential for re-traumatisation that may occur whilst volunteering. We will therefore consider each volunteer opportunity on a case by case basis, with a focus on the suitability of that individual for that specific role. Suitability for the role will be determined by the Service Manager at the point of interview and will not be solely based on the length of time elapsed since receiving a service. Women cannot volunteer for a service in the same borough as where they received Solace services.
For more information contact	Volunteer Co-ordinator Email: volunteering@solacewomensaid.org Call: 020 3795 9220

At Solace we are committed to creating a diverse and inclusive environment for our volunteers. The Service Users we support come from all backgrounds and we want to reflect that in our volunteering team. We are happy to consider any adjustments you might need to support you in your role. If you would like to discuss this further with the volunteer team, please contact us at volunteering@solacewomensaid.org. This will not affect your application.