



solace training

Solace Training for Housing Professionals

Empowering your team to support survivors of domestic abuse.

solacewomensaid.org

Solace Women's Aid is a charity registered in England & Wales.
Charity Number 1082450. Company Number 03376716

@SolaceWomensAid



About Solace

Solace exists to address the harm caused by gender-based violence. Our mission is to prevent abuse while providing tailored support that meets the individual needs of those affected. We recognise that speaking out about abuse can be one of the most challenging steps a person may ever take. That is why our work is so vital and why we invite you to join us in our commitment to ending gender-based violence and ensuring that everyone can live free from harm and abuse.

Training that transforms lives

The proceeds from our training and consultancy directly fund Solace's front-line services for survivors of abuse. By taking part in our programmes, you are equipping your team with essential skills and knowledge on supporting survivors, while also helping to sustain vital services such as refuges, domestic and sexual abuse helplines, and specialist support for children and young people, so they can reach those who need them most.

Why Choose Solace?

With over 50 years of experience, Solace is a leading force in the fight to end gender-based violence. Our expert-led training draws on our experience in the field and equips housing professionals with the skills to confidently identify, respond to, and support survivors of domestic and sexual abuse. We've partnered with housing services across London to empower teams and elevate the response to survivors, creating safer, more supportive working and living environments.

We are grateful to members of our Service User Involvement Training Advisory Group whose lived experience and feedback have helped shape the content of these sessions.

This brochure is available in accessible formats. Please contact training@solacewomensaid.org for more information.



I have learned how to help my staff when they have a difficult time working with a resident who has experienced trauma.
Housing Team Manager



The training was very educational and will improve my ability to deal with tenants experiencing domestic abuse when I'm in contact with them.
Housing Team Member

Training packages at a glance

Foundational Learning

Essential Awareness for all Staff

Our foundational domestic abuse courses provide essential knowledge and skills for anyone working in a housing service who may interact with survivors of domestic abuse. These sessions will equip your team with the tools to recognise signs of abuse, understand survivors' needs, and respond safely and supportively to disclosures.

Skills and Tools for Supporting Survivors

In-depth training for staff working closely with residents

Trauma-Informed Practice for housing professionals

This session deepens learners' understanding of the impact of domestic abuse on survivors and explores its connection to trauma, helping them draw on this knowledge to inform their practice.

Assessing risk and needs for housing professionals

This session explores common risks related to domestic abuse and introduces risk assessment tools along with the principles of safety planning.

Practical strategies for building resilience for housing professionals

This training builds learners' understanding of vicarious trauma, compassion fatigue, and burnout, while providing practical tools for recognising signs and addressing symptoms.

Advanced Practice

Specialised sessions for targeted support

Working with older survivors

This training explores the unique experiences and barriers faced by residents over 55 years old, who are affected by domestic and sexual abuse, equipping professionals with the tools to recognise, respond to, and support survivors more effectively.

Supporting children and young people impacted by domestic abuse

This session explores how domestic abuse affects children and young people, offering insight into their unique experiences and practical strategies for providing effective, age-appropriate support.

Supporting survivors with multiple needs and disadvantages

This training will explore the concept of multiple needs and disadvantage, how it may intersect with the experience of violence and abuse, the barriers to accessing support and services, and tools for advocacy and support.

Training for Managers

Equip your leadership team to support staff and shape a culture of safety at work

Supporting staff to effectively support survivors

This session is designed for managers supporting staff who may engage with survivors of domestic abuse, with a focus on embedding learning, policies, and best practices to strengthen the response within a housing context.

Responding to sexual harassment in the workplace

This training provides managers with the knowledge and skills to effectively respond to incidents of sexual harassment in the workplace, with a focus on the latest legislation and best practice for creating a safe, inclusive work environment.

Domestic Abuse Champions Training

Empower internal advocates

Solace's Domestic Abuse Champions Programme for housing professionals is designed to empower key staff members within housing services to take a leading role in supporting survivors of domestic abuse.

Reflection sessions

Translating learning into action

Reflection sessions can follow any training programme, providing staff with an opportunity to discuss real-world scenarios, raise questions, and reflect on how the learning applies to their work. These sessions also offer a chance to track team progress and consolidate lessons learned throughout the training series.

Refresher sessions

Refresher sessions for teams trained in the last 24 months, revisiting core domestic abuse concepts and exploring how these apply in practice. These sessions provide opportunities for discussion, reflection, and sharing experiences to reinforce learning and support ongoing best practice.

Consultancy

Our Training and Consultancy team is pleased to offer tailored guidance for your organisation. From reviewing policies to running focus groups, we'll help you strengthen your approach and embed safer practices around housing and domestic abuse.

Pricing

Pricing depends on session length and group size. Discounts are available for charities, local authorities and for full team training.

Get in Touch



To learn more about any of our programmes or to book a training session, contact: **training@solacewomensaid.org**

One of the **best trainings** I've been on.
The trainer was excellent,
knowledgeable and empathetic, and it
was all practical and connected to our
day to day work.

Housing Team Manager



Violence against women and girls ends here.

Solace Womens Aid

Advice line freephone | 0808 802 5565

Website | solacewomensaid.org

For all fundraising enquires:

fundraising@solacewomensaid.org

Solace Women's Aid

Registered Addres:

Moore Kingston Smith LLP,

9 Appold Street,

London, EC2A 2AP

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