



solace training

Solace Training Offer for Corporate Partners 2025 - 2026

solacewomensaid.org

Solace Women's Aid is a charity registered in England & Wales.
Charity Number 1082450. Company Number 03376716

@SolaceWomensAid



About Solace Training



Solace exists to address the harm caused by gender-based violence. Our mission is to prevent abuse while providing tailored support that meets the individual needs of those affected.

We recognise that speaking out about abuse can be one of the most challenging steps a person may ever take.

That is why our work is so vital and why we invite you to join us in our commitment to ending gender-based violence and ensuring that everyone can live free from harm and abuse.

Our training is intersectional, inclusive, and trauma-informed.

We offer a range of training packages, including those listed in this brochure. In addition, we are always happy to create bespoke training tailored to meet your specific needs.

Our training is informed by the perspectives of people who use our services. We are grateful to members of our Service User Involvement Training Advisory Group whose lived experience and feedback have helped shape the content of these sessions.

This brochure is available in accessible formats. Please contact: training@solacewomensaid.org for more information.

Training that transforms lives

Every pound we raise through our training and consultancy goes directly back into supporting survivors, funding our refuges and community-based services.

By choosing Solace Training and Consultancy, your organisation is not only investing in your team's skills but also helping to ensure life-changing services remain available for those who need them most.



Training Packages for Corporate Partners

The Solace Training Programme supports our corporate partner network to create a safe and inclusive workplace culture.

All of the work we deliver through our training programmes is underpinned by 50 years of specialist experience in the field.

We draw on insights from our front-line staff and expert advisors to ensure our training packages reflect cutting-edge best practices and research, while addressing emerging issues.



Training Overview

We invite your organisation to work with our dynamic and innovative Training and Consultancy Team to create and deliver training and learning schedules with key identified outcomes for your staff, senior management and trustees.

Our training provides valuable education, engages team members with Solace and the work we do, and invites staff involvement in internal abuse awareness strategies.

We know that engaging with the topic of domestic and sexual abuse can be difficult. This is why our sessions, delivered by our expert team of trainers, offer a safe, inclusive and personable space for team members' personal and professional learning and growth.

Our Training and Consultancy team can also work with your HR function to review and develop policies and procedures to establish your workplace as an employee-supportive and abuse-aware organisation.

Training Programmes for Corporate Partners

Understanding Domestic Abuse and Coercive Control (3 hours)

For many survivors of domestic abuse, speaking up can be one of the most difficult things they will ever do. In the workplace, recognising and responding appropriately to disclosures requires awareness, understanding, and sensitivity.

In this session, participants will gain a deeper insight into the experiences of survivors of domestic abuse and coercive control, learn to recognise risk factors and warning signs, understand the impact of abuse on individuals and the workplace, and explore best practices for supporting colleagues who may be affected.

Supporting Staff and colleagues Impacted by Domestic Abuse and Stalking (5 hours)

This session explores how domestic abuse can affect individuals in the workplace and the role organisations can play in providing support.

Participants will learn how to respond sensitively to disclosures, promote staff wellbeing and safety, and ensure colleagues can access specialist services and resources.

The training also emphasises building a culture of trust where employees feel supported and understood.



Solace Training Packages

Sexual Harassment in the Workplace (1 hour)

In this session, participants will gain an understanding of Violence Against Women and Girls and learn what constitutes sexual harassment under the Equality Act 2010.

The session will also explore strategies for challenging harmful narratives that perpetuate or minimise sexual harassment in different settings, including the workplace.

Through real-life scenarios guided by our expert trainers, participants will develop the skills to address sexual harassment and provide support to those affected.

Sexual Harassment in the Workplace for Managers (2 hours)

This training provides a deeper understanding of how to support staff or colleagues experiencing sexual harassment.

It covers recent changes to the Worker Protection Act, how to respond to disclosures, and how to signpost to appropriate avenues for support.

Participants will leave the session with increased confidence in their ability to recognise sexual harassment, manage disclosures effectively, and guide colleagues to the right support services.



Solace Training Packages



Being a Positive Bystander (2 hours)

Employees may encounter situations at work, on their way to work, online, or in various other settings, where they witness inappropriate behaviour that prompt them to intervene.

This two-hour session helps participants recognise when intervention is needed and provides practical strategies for doing so.

The session covers what it means to be a positive bystander, how to consider the benefits and risks of taking action, and what to do if they are unable or do not feel safe to intervene.

By the end of the session, team members will feel more confident and empowered to speak out, take action, and support a positive and safe workplace culture.



Champions Programme

Solace's Champions Programme has been running for over five years.

In this time, we have successfully trained nearly 500 domestic abuse champions. Upon completing this accredited course, champions will acquire 6 CPD points and a certificate, as well as having access to our Champions Network.

Solace's Champions Programme consists of eight workshops, covering a wide range of topics and supporting champions to develop the skills to lead positive change across their teams and organisation.



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Consultancy Services

Solace offers a specialist consultancy service to help organisations create safer, more supportive workplaces. Drawing on decades of expertise, we review policies and processes related to domestic abuse and stalking, ensuring they are comprehensive, survivor-focused, and effective.

We also develop resources and staff guidance, provide advice for senior leadership statements, and offer consultations with key staff to shape a tailored approach.

Our goal is to deliver practical, lasting solutions that strengthen your organisation's response to domestic abuse and stalking.

The training was excellent. The trainer was knowledgeable and the session was engaging. I learned a lot!

Scheduling a training

Trainings can be delivered virtually or in-person and can accommodate up to 40 participants online or 22 participants in-person.

A schedule for delivery of the training will be arranged once the training has been agreed.

Solace is also pleased to design bespoke training programmes to align with the specific learning objectives of each client.

Please get in touch if you'd like to explore this option.



Breakdown of costs

Trainings can be tailored and adjusted to your team's needs, in line with your interest, the team's base level of knowledge and previous training.

To find out more information or to receive a quote, please contact:



training@solacewomensaid.org

**“This is the best
training course we
have received on
Domestic Abuse
and Stalking.”**

Solace Womens Aid Advice line
freephone | 0808 802 5565 Website |
solacewomensaid.org

For all fundraising enquires:
fundraising@solacewomensaid.org

Solace Women's Aid
Registered Address: Moore
Kingston Smith LLP, 9
Appold Street, London,
EC2A 2AP

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